



Postpartum Weight Improvement Rebate Form

Member Instructions

To qualify for this rebate, participant must enroll in WeeCare during pregnancy or by 12 weeks after the delivery of the baby.

Step 1: Complete the Member Information section and sign.

Step 2: Obtain weight verification signature from your healthcare provider, a PEHP Healthy Utah staff member, or other health and fitness professional.

Step 3: Return completed form to:

**PEHP WeeCare
P.O. Box 3503
Salt Lake City, UT 84110-3503
or FAX to: 801-328-7400**

After delivery, you have one year to reach your pre-pregnancy weight (First Trimester Weight) and earn the \$50 **PEHP WeeCare Postpartum Weight Improvement** rebate. Weight loss assistance and educational resources are available at www.pehp.org.

Member Information

NAME (Please Print)		BIRTH DATE	PEHP MEMBER ID	
HEIGHT	FIRST TRIMESTER WEIGHT	6-WEEK POSTPARTUM WEIGHT		CURRENT WEIGHT
MEMBER SIGNATURE				DATE

Verification of Current Weight

May be verified by Healthcare Provider, PEHP Healthy Utah staff member, or other health and fitness professional. Please complete and sign this form for our PEHP member. Reaching her pre-pregnancy weight entitles her to a \$50 cash incentive award.

Member's current weight: _____

NAME (Please Print)		TITLE
MEMBER SIGNATURE		DATE

Contact PEHP WeeCare if you have any questions about this form.

Phone: 801-366-7400

Toll-free: 855-366-7400

Email: weecare@pehp.org