



CENTER FOR EAST-WEST MEDICINE

Medical Acupuncture
Judith L. Kirstein, M.D.

BY APPOINTMENT ONLY

PEHP \$10.00 Discount

801-580-2232

DOES ACUPUNCTURE REALLY WORK?

Yes, in the past 2,000 years, more people have been successfully treated with acupuncture than with all other health modalities combined. Today, acupuncture is practiced in Asia, Europe and is now being used more and more in America by patients and physicians.

Acupuncture treatments can be given at the same time as other techniques are being used, such as conventional Western medicine, osteopathic or chiropractic adjustments, and homeopathic or naturopathic prescriptions. It is important that your physician-acupuncturist know everything that you are doing, so he or she can help you get the most benefit from all your treatments.

SOME OF THE COMMON ACUTE AND CHRONIC PROBLEMS

Migraine & Tension Headaches

Low Back Pain

Cold Sores & Shingles

Insomnia

Menstrual Problems

Neck Pain

Smoking Cessation

Arthritis

Asthma

Sore Throat

Bronchitis

Laryngitis

Hemorrhoids

Urinary, and Pelvic Pain Problems

HOW MANY TREATMENTS WILL I NEED?

The number of treatments needed differs from person to person. For complex or long standing conditions, one or two treatments per week for several months may be recommended. For acute problems, usually fewer visits are required and for health maintenance four sessions a year may be all that is necessary.

Location:

Inside Advanced Clinical Research

3590 West 9000 South, Suite 300 on Jordan Valley Medical Center Campus

West Jordan, UT 84088

