

Chili-Lime Melon Salad

Recipe Source: www.smittenkitchen.com Serves: 2

Ingredients:

4 cups cubed or diced melon (from about 1 cantaloupe or honeydew, or $\frac{1}{4}$ of a large watermelon) Juice of half a lime, plus more to taste

1/4 tsp salt

½ tsp chili powder

- 3 Tbsp crumbled cotija cheese
- 1 Tbsp roasted pepitas (pumpkin seeds)
- 1 Tbsp chopped fresh cilantro, plus more to taste

Steps:

Place melon in a wide bowl or platter. Squeeze half a lime over, adding second half to taste. Sprinkle with salt and chili powder. Scatter cheese, pepitas, and cilantro over top. Serve within 2 hours for best flavor.

Tips from the Test Kitchen: Use a combination of melons for pretty color. Feta cheese is an alternative to the cotija, but you will want to omit the salt if using feta.

<u>Nutritional Facts (Per Serving)</u>: Calories: 196, Carbohydrates: 34 grams, Protein: 6 grams, Total Fat: 6 grams, Saturated Fat: 3 grams, Cholesterol: 11 mg, Sodium: 550 mg, Fiber: 3 grams, Total Sugars: 28 grams.