### September 2016

# **PROVIDER TIPS** » Gastroenterology

## **Preauthorization**

#### **General information**

- » See this list of services that require preauthorization.
- » To get preauthorization, get the appropriate form at <u>PEHP for Providers</u> and fax or mail it to us.
- » These services generally require preauthorization:
  - > Inpatient hospital medical admissions at Primary Children's Medical Center.
  - > These types of inpatient admissions: hospital rehabilitation, skilled nursing facilities, mental health, and substance abuse.
  - > All out-of-network inpatient admissions.
- » For more information about preauthorization, contact your **Provider Relations Representative**.

# **Speciality information**

See pharmacy and lab information on next page.

## **Referrals/Networks**

#### **Networks**

PEHP offers four different Networks. Please help us protect PEHP members from unnecessary large bills by referring them to providers in the PEHP network selected by the patient.

This includes making sure that every person, lab, and facility involved in the patient's care is not just contracted with PEHP but is specifically part of the member's network. Otherwise, the patient can be balanced billed for out-of-network services. Find in-network providers at <a href="https://www.pehp.org/ProviderLookup">www.pehp.org/ProviderLookup</a>.

**PEHP Advantage** » Primarily Intermountain Healthcare. Includes certain others based on geographic need.

**PEHP Summit** » Primarily University of Utah, IASIS, and MountainStar. Includes Primary Children's Medical Center and all rural IHC facilities.

**PEHP Preferred** » Includes both Advantage and Summit providers.

**PEHP Capital** » Primarily IASIS and University of Utah Healthcare. Includes Primary Children's Hospital and all rural facilities.

## **Exclusions**

See complete list of exclusions.





# **Affordable Care Act (ACA)**

#### **General information**

We cover preventive services at no cost to members. To help your office understand which CPT and diagnosis code combinations qualify for the ACA preventive visits, we have created this <u>ACA Coding</u> <u>Table</u>. Medically indicated colonoscopy performed under the age of 50 is paid under regular benefits,

# **Specialty information**

The use of general anesthesia for endoscopy must be medically necessary and requires preauthorization if the patient is between the age of 18 thru 69. For preauthorization criteria, please see <u>Anesthesia Services for Gastrointestinal Endoscopic Procedures</u>.

If the patient is under 18 or over age 70, general anesthesia does not require pre-authorization.

# **Prescription Drugs**

#### **General information**

Get preauthorization by calling 801-366-7358. Forms are available at <u>PEHP for Providers</u>. Download the <u>Preferred Drug List</u>.

# **Specialty information**

**Crohn's Disease** » PEHP requires a trial and failure to 1 conventional therapy (if the disease is severe or fistulizing and TNF therapy is recommended first line, please send appropriate documentation). PEHP preferred agents (Remicade, Cimzia, Enyvio) at Tier A \$150 max copayment.

Humira is covered after failure of the above agents at a tier C (20%) benefit

Cimzia and Entyvio are available through Accredo.

**Ulcerative Colitis** » PEHP requires a trial and failure to 1 conventional therapy. PEHP preferred agents are Remicade and Entyvio.

**Humira** and **Simponi** are not covered.

# **Labs and Imaging**

#### **General information**

Find in-network laboratories at <a href="www.pehp.org/ProviderLookup">www.pehp.org/ProviderLookup</a>. In-network, free-standing labs, such as LabCorp and Quest Diagnostics, are less-expensive alternatives to sending the tests through a hospital. In general, the cost for labs are three to six times more expensive in a hospital outpatient setting. For example, in 2015, a comprehensive metabolic panel costs a patient around \$13-14 when done in office or by an independent laboratory, compared to \$86 at a hospital. Another example: Urinalysis done in office or by an independent laboratory costs a patient around \$3-4, compared to \$41 when done by a hospital. This same comparison is true for all labs. Free-standing imaging centers are also less expensive and are available in-network for patients on the PEHP Summit, Preferred, and Capital networks.

#### **Specialty information**

All genetic tests require preauthorization. Complete medical necessity policies (such as celiac disease, colon cancer, IBD, and hereditary pancreatitis) are available at <u>PEHP for Providers</u>. Tests performed at Prometheus Laboratory will not be reimbursed by PEHP.

PEHP considers Coloquard as investigational.