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# Contact List

**Please note:** The contact numbers for Case Management, Preauthorization and Customer Service are not the same.

**Case Management**  
.....801-366-7755 or 800-753-7490

**Customer Service/  
Pre-authorization (outpatient)**  
.....801-366-7555 or 800-765-7347

**EDI Helpdesk**  
.....801-366-7544 or 800-753-7818

**Inpatient Preauthorization**  
.....801-366-7755 or 800-753-7490

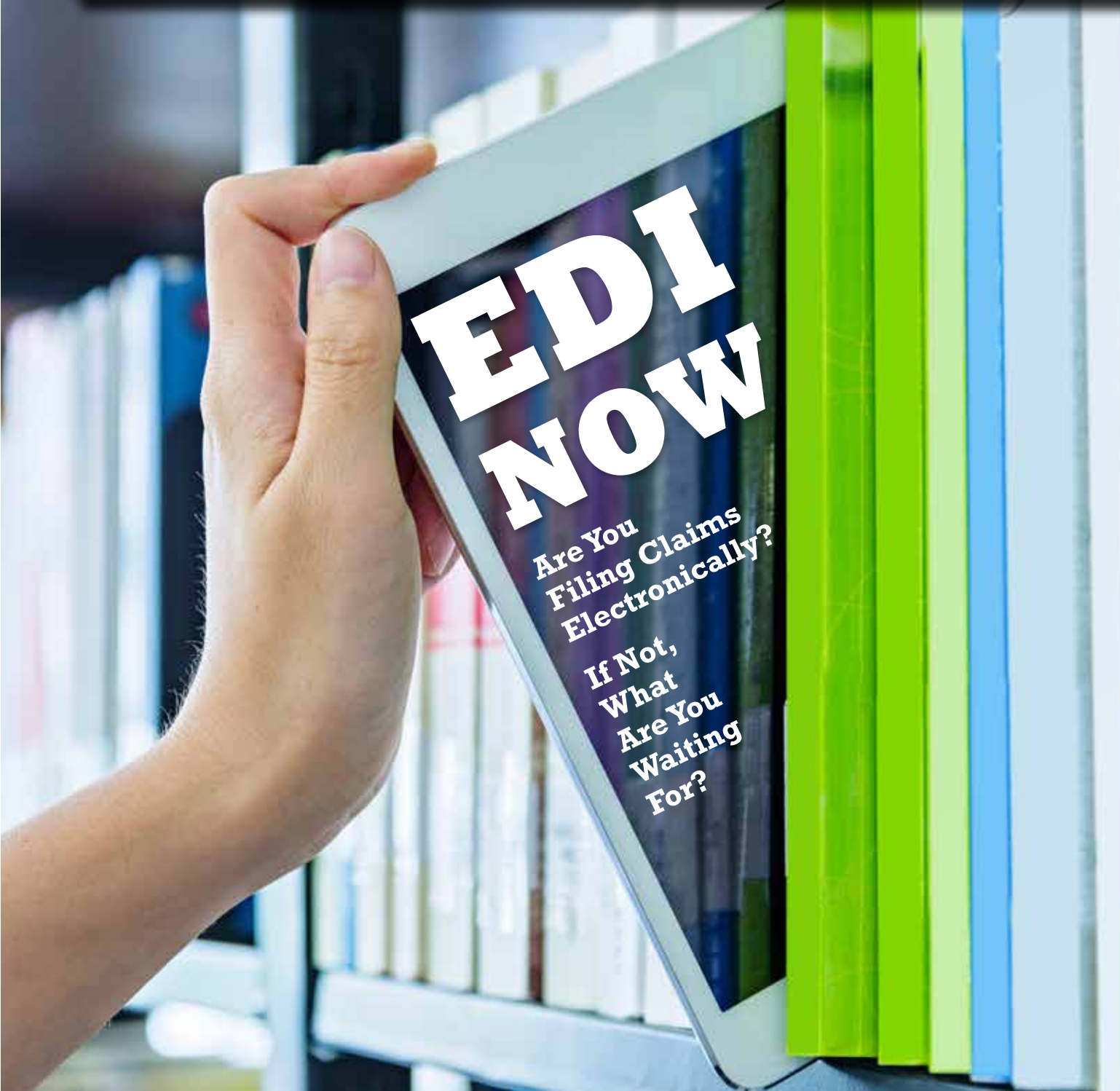
**Inpatient Mental Health  
& Substance Abuse Authorization**  
Blomquist Hale Consulting Group (BHCG)  
Canyons School District  
Jordan School District  
.....801-262-9619 or 800-926-9619

**Wellness Program**  
.....801-366-7300 or 855-366-7300  
PEHP Healthy Utah.....801-366-7300 or 855-366-7300  
PEHP Waist Aweigh .....801-366-7300 or 855-366-7300  
PEHP QuitLine.....855-366-7500

**PEHP WeeCare**  
.....801-366-7400 or 855-366-7400

**Provider Relations**  
.....801-366-7557 or 800-677-0457  
Glenda Lowe .....801-366-7496 or 800-950-4877  
Client Liaison glenda.lowe@pehp.org  
Chantel Lomax .....801-366-7507 or 800-753-7407  
Provider Relations Specialist chantel.lomax@pehp.org  
Angel Macas .....801-366-7721 or 800-753-7721  
Provider Relations Specialist angel.macas@pehp.org  
Wendy Philbrick .....801-366-7753 or 800-753-7753  
Provider Relations Specialist wendy.philbrick@pehp.org  
Selena Johnson .....801-366-7511 or 800-753-7311  
Provider Data Specialist selena.johnson@pehp.org  
Jackie Smith .....801-366-7795 or 800-753-7595  
Provider Relations Analyst jackie.smith@pehp.org  
Laurel Rodriguez .....801-366-7350 or 800-753-7350  
Provider Relations Manager laurel.rodriguez@pehp.org  
Cortney Larson .....801-366-7715 or 800-753-7715  
Director of Provider Relations cortney.larson@pehp.org

**PEHP Website**  
.....www.pehp.org  
PEHP Quitline .....www.pehp.quitlogix.org



**INSIDE**  
MORE USEFUL NEWS  
& INFORMATION FOR  
PROVIDER PARTNERS

**ICD-10 Code  
Tips for  
Transition**  
» PAGE 6



**PEHP Healthy  
Utah Is On  
The Move**  
» PAGE 7

In this issue

2-3 EDI / EFT Requirement Reminder

3 Avoiding Rejections for EDI Claims

3 When Lab Testing Hurts Your Patients

4 Billing: Rendering and/or Incident-to Services

4 Appeals Process Change

5 Headaches: Invasive Procedures Policy

6 ICD-10 is Forthcoming

7 Enhancements to Code Auditing Tool

7 Spring Announcement from PEHP Wellness

8 Group Benefit Changes

8 Dual PEHP Coverage

9 PEHP's Preauthorization List

10 2015 Education Fair Flyer

11 Provider Relations Reps

12 Contact List

COVER STORY: EDI / EFT Requirement

# Paperless yet?

Reminder: Claims Should be Submitted Electronically

In case you've forgotten, PEHP no longer accepts paper medical claims. These claims are required to be submitted via Electronic Data Interchange (EDI).

If your office is already submitting claims EDI, but aren't getting through to us, contact our EDI helpdesk or your Provider Relations Specialist. We will need to know your TIN, providers in the group and the clearinghouse being utilized.

Not currently set up? Contact your practice management software; clearinghouse or UHIN to get started.

**Coming Soon!!** PEHP will have a claims tool online through the secured portion of our website which will enable providers to submit their claims electronically. The tool is designed to support individual claim submissions and is not designed for batch

claim submissions.

Please be aware, a few exceptions for paper claims are allowed. They are:

- » Out of network and/or contracted out of state providers;
- » Providers not contracted with any PEHP Networks;
- » Claims that require medical records – **Note: This does not include COB claims;** or
- » If PEHP is the tertiary payer.

Additionally, as of January 1, 2015, PEHP requires all contracted providers to sign up for Electronic Funds Transfer (EFT). Your office can simply sign up by logging in with your User ID and Password to the secured provider portion on pehp.org. If



you don't have a login, contact your Provider Relations Specialist.

If you haven't signed up for either function, we encourage you to do it as soon as possible to keep your office moving smoothly!

## EDI Claims

- » Check claim information
  - › DOS (Date of Service) – DOS must be accurate (**no post-dating**)
  - › Rendering NPI
  - › Verify CPT codes are valid, as well as modifiers

We encourage you to check your claims prior to submission to avoid the pitfalls of rejected claims and to have them accepted in a timely manner!

Member Watch: Billing

## When Lab Testing Hurts Your Patients

Many of your PEHP patients are getting stuck with large unexpected medical bills due to provider offices sending laboratory test(s) to out-of-network laboratories and due to requests for non-covered genetic testing.

We often see claims where the billed amounts are over 500% above what PEHP allows for the service. This can leave your patients, our members, with balance bills for thousands of dollars.

Your patients trust you and your staff to check for prior authorization requirements and to send their tests to laboratories that are contracted with their PEHP plan so that they are protected from balance billing and with the assurance that the services ordered will be covered. Members often feel upset and misled by both the providers and PEHP when they are put in these situations.

The two categories of laboratory testing that are hurting your patients the most are genetic testing and toxicology lab work.

**All genetic tests require preauthorization.**

PEHP has clinical policies that

must be met for coverage for genetic testing; in addition, many genetic tests are not covered. Failure to obtain preauthorization for a test leaves a member at risk of having no coverage or having the claim paid at out-of-network benefits, leaving them with large financial obligations.

Covered genetic tests should be sent to participating providers. A complete list of participating genetic laboratories can be found on our website at [www.pehp.org](http://www.pehp.org), under the specialty "Genetic Laboratory." Even genetic tests covered under the Affordable Care Act require pre-authorization and may not be paid if they are directed to a non-contracted genetic laboratory.

We have also seen a large increase of medically unnecessary toxicology testing. As a result, several of the non-contracted toxicology labs have no out-of-network benefits.

We encourage your office to direct medically necessary services to contracted providers so members have a better healthcare experience and are better protected financially.



## Billing

# Rendering

**P**EHP’s Financial Assurance Department is committed to identifying fraud, waste and abuse and provider education when needed.

During several random audits, the Financial Assurance Department has identified many provider offices that are not correctly following the Centers for Medicare and Medicaid Services (CMS) “incident-to” guidelines and are not billing claims under the correct rendering provider.

For a complete listing of guidelines, we invite [www.cms.hhs.gov/manuals/Downloads/bp102c15.pdf](http://www.cms.hhs.gov/manuals/Downloads/bp102c15.pdf).

# and/or Incident-to Services

PEHP follows CMS’s “incident-to” guidelines for physician extenders. A physician can bill an incident-to service when billing for auxiliary personnel.

CMS states auxiliary personnel include nurses, technicians, certified nurse midwives, clinical psychologists, clinical social workers, physician assistants, nurse practitioners, and clinical nurse specialists.

you to visit CMS’s website to learn more at: Refer to Chapter 15, section 60.

## Summary of Guidelines

A summary of the guideline includes the following:

- » Services or supplies as an integral, though incidental, part of the physician’s personal or professional services in the course of diagnosis or treatment of an illness.
- » The physician **MUST** initiate the care but need not render a service at each instance of billing.
- » The physician must remain actively involved in the care of the patient’s condition.

## Appeals Process

# Expediting Turnaround Time

**A**s of April 1, 2015, PEHP has made a change to our appeals process.

We’re confident this change will speed up our disputed claims/appeals turnaround time.

If a provider wishes to dispute any determinations made to a claim, the provider must continue to dispute the determination within 180 days after the claim was processed.

All disputed claims will first be reviewed by our Benefits Resolution Department before they can be appealed to our Executive Review Committee.

We will not require a form to be completed for the initial review.

If a provider disagrees with the

determination made by the Benefit Resolution Department, the provider will be given instructions on how to appeal the determination to PEHP’s Executive Review Committee.

To dispute or appeal a claim, inquires should be sent to:

*PEHP Appeals and Policy Management Department*  
*P.O. Box 3836*  
*Salt Lake City, Utah 84110-3836*  
*By fax: 801-320-0541*

Our complete claims dispute and appeals process can be found on our website at: <https://www.pehp.org/providers/claims-and-billing/appeals>

## Clinical Policies

# Headaches: Invasive Procedures

**P**EHP now considers trigger point injections and occipital nerve blocks experimental and investigational for the treatment of cervicogenic headache, occipital neuralgia, cluster headache, chronic daily headache, and migraine headache because their effectiveness for these indications has not been established.

To find the full policy, login to the secured provider site and click on “Clinical Policies” on the left hand side.

We encourage you to stay up to date on our policies by regularly checking them out online!

## Policy Excerpt

**pehp**  
PUBLIC EMPLOYEES HEALTH PROGRAM  
CLINICAL SERVICES POLICY AND PROCEDURES

**HEADACHES: Invasive Procedures**

Last Updated: 12/9/14  
Effective Date: 12/9/14  
Reviewer: Dr. Cynthia Jones

**I. POLICY STATEMENT**

A. PEHP considers the following interventions experimental and investigational for the treatment of cervicogenic headache (because their effectiveness for this indication has not been established):

1. Botulinum toxin (however, botulinum toxin is considered medically necessary for chronic migraine headache when criteria in PEHP Botulinum Toxin are met)
2. Cryo-denervation
3. Decompressive neck surgery
4. Electrical stimulation
5. Ganglionectomy
6. Local injections of anesthetics or corticosteroids
7. Radiofrequency denervation of cervical facet joints
8. Trigger point injections
9. Occipital nerve block

B. PEHP considers the following interventions experimental and investigational for the treatment of occipital neuralgia and other types of headache (because their effectiveness for this indication has not been established):

1. Auriculotemporal nerve block
2. Cervical microstimulation
3. Cryo-denervation
4. Dorsal column stimulation (see PEHP Spinal Cord Stimulation Policy)
5. Occipital nerve stimulation or block

## DID YOU KNOW?

Contracted providers have the responsibility to file the claim within 12 months from the DOS. 15 months if the claim is for COB.

## DID YOU KNOW?

You can call your Provider Relations Specialist if you’ve misplaced your login information, forgotten it or simply locked yourself out.

## ICD-10 Coding

# Pointers for Trouble-Free Transition

October will be here before you know it! You'll be pleased to know that PEHP is right on track for the ICD-10 implementation. To keep our provider community in the loop, below are things we've recently tested:

- » Claims Intake
- » Adjudication
- » Financial Outcomes
- » Report Capabilities

To better assist your office with this transition trouble-free, we would like to offer a few key pointers:

- » Dual use of ICD-9 and ICD-10 will not be accepted for the same claim.
- » If the dates of service span the implementation date of Oct. 1, 2015, the claim will need to be split.
- » For DOS on inpatient claims that will span 10/01/15, PEHP will take the admit date as determination for ICD-9 or ICD-10.
- » DX criteria for preauthorization will be based upon date of service established in the preauthorization. If establishing a preauthorization for services to be rendered post 10/01/15, the DX code should be coded in ICD-10.
- » PEHP will only accept codes that are reported to the highest character and specificity available and consistent with ICD-10 coding guidelines and recommendations from CMS.



## Testing Inquiries

### Interested in testing with us?

Contact our EDI Department (801-366-7544) or PEHP's Project Manager, Lance Toms (lance.toms@pehp.org)

### Currently testing, but have questions?

Contact PEHP's Project Manager, Lance Toms or PEHP's EDI Manager, Terri Airmet (terri.airmet@pehp.org)

### » Examples:

- » Laterality (Right, Left, Bilateral, Unilateral)
- » Anatomical locations
- » Trimester
- » Type of diabetes
- » Known complications or comorbidities
- » Description of severity, acute or chronic or other known parameters, etc.

If you have any other questions regarding ICD-10, please visit the CMS or AMA websites.

## Code Auditing

# Web Tool Enhancements

We are happy to inform you that enhancements have been done on our web-based code auditing reference tool. Providers can now enter more claim information on this tool, including the claim DX, number of units billed and the patient's age. Providers are encouraged to use this tool to review PEHP's coding rationale regarding claims payments online.

The tool is available through the secured portion of our website; therefore, a login is required. If you do not have one or need more information on how to navigate our website and this tool, contact your Provider Relations Specialist.

We encourage your office to take advantage of this useful tool, to have a better understanding of the coding rules and edits that are in place.

## Advantages of the Tool

- » Reduces administrative costs!
  - » Fewer "front line calls"
  - » Less provider appeals
  - » Reduces reprocessing of claims
- » Easy to use!
  - » Provides an immediate response to provider inquiries related to the evaluation of code combinations during the processing of claims
  - » Enables providers to pre-screen a claim and/or review the rationale for a claim denial
- » Available 24 days, 7 times a week on PEHP's website
- » Used by internal personnel for consistent communication with provider

## PEHP Wellness

# PEHP Healthy Utah Navigates Online

Spring is a season for new beginnings, transformation, and growth. . . making it a perfect time for change. As of March 2015 PEHP members can access wellness resources previously found at HealthyUtah.org on the PEHP website! PEHP simplified by providing members with one website, one account, and one login to remember. PEHP consolidated all insured member health benefits in one convenient place at [www.pehp.org](http://www.pehp.org).

Why the change? Merging online resources from the Healthy Utah website makes it easier for your patients to take full advantage of their health and wellness benefits.

Help your patients by encouraging them

to access benefits such as health coaching and weight management tools from PEHP Waist Aweigh. Support PEHP WeeCare – a prenatal and Postpartum program for expectant mothers. PEHP Healthy Utah is an exclusive wellness benefit for eligible PEHP members and their spouses.

Through PEHP Healthy Utah members and their eligible spouse are offered a variety of programs, services, and resources to help them get and stay well – including rebates for good health and improvements.

We appreciate our providers and hope that your office will promote these useful services to help improve patients quality of life.

## DID YOU KNOW?

PEHP for PROVIDERS is a secured online provider site which allows you to easily and cost effectively access resources and information that can simplify and expedite your organization's daily tasks.

## DID YOU KNOW?

For benefits, status of an appeal or preauthorizations and/or complicated claim questions, call Customer Service at 801-366-7555.

Group Benefit Changes

State Moves to One OOPM

Every year our groups make benefit changes to their plans. This year, the State of Utah will be making some significant changes to their Traditional Plan deductibles and maximum out-of-pocket benefits.

To become compliant with future Affordable Care Act (ACA) out-of-pocket maximum requirements, the State of Utah (and other groups) are rolling up separate out-of-pocket maximum categories such as pharmacy into one out-of-pocket maximum.

As a result, the annual deductible has increased from \$250/\$500 to \$350/\$700 and the medical out-of-pocket maximum has changed from \$2,500/\$5,000/\$7,500 with other out-of-pocket categories to \$3,000/\$6,000/\$9,000 with one combined out-of-pocket maximum.

We invite you to verify coverage online or to call if you have specific benefit questions.



PEHP Dual Coverage

Allow Time for the Dual Process

Providers do not need to submit the secondary coverage to PEHP when the prime is PEHP as well. We will process under the dual coverage automatically. The dual coverage may

not always be paid on the same day, but always within a couple days from each other. To avoid unnecessary claim submissions on your end and numerous duplicate denials on our

end, please allow time for the dual to process. If you haven't received a response on the dual coverage, prior to submitting the claim, check online or call Customer Service.

PEHP Pharmacy



PEHP's Preauthorization Updates

PEHP chooses specific prescription drugs and specialty medications to require preauthorization. These specific prescription drugs and specialty medications are chosen because of:

- » the high potential for adverse reactions, contraindications, misuse, and safety issues;
- » the opportunity to use first line therapy;
- » cost.

To begin, obtain preauthorization forms at [www.pehp.org](http://www.pehp.org). Choose *Providers/Provider Login* and enter your superuser ID and password.

Questions? Contact your Provider Relations Specialist or call Customer Service at 801-366-7555 or 800-765-7347. Members may call Customer Service for status of the provider's request.

Approval or denial will be communicated to the provider's office. Preauthorization does not guarantee payment and coverage is subject to eligibility, benefit coverage, and preauthorization requirements.

Drugs REMOVED from List

Drug Name	Effective Date
Zenatane	March 1, 2015
Claravis	March 1, 2015
Myorisan	March 1, 2015
Sotret	March 1, 2015
Adderall XR	March 1, 2015
Daytrana	March 1, 2015
Stratter	March 1, 2015
Vyvanse	March 1, 2015

Drugs ADDED to List

Drug Name	Effective Date
Erwinaze	March 1, 2015
Viekira Pak	March 1, 2015

PEHP's Preferred Drug List is updated several times a year and contains the most current preauthorization list, in addition to other lists that affect pharmacy choices.

Find it at [www.pehp.org](http://www.pehp.org).

DID YOU KNOW?

PEHP's Disease Management Program takes a big picture approach to your patients' health, incorporating everything from wellness to pharmacy to education, to complex care management.

DID YOU KNOW?

Access to current policies, fee schedule(s), preauthorization forms can be obtained by logging into PEHP for Providers secured site.



# The 2015 Community Education Fairs – Bigger and Better than Ever

Come join us for a day of learning, with topics for just about every interest:

- ⇒ Continuing favorites like Privacy & Security and Payer Panel will be back, along with timely new topics.
- ⇒ Get ready for ICD-10 with a variety of classes for different readiness levels and needs, including:
  - A ground-floor ICD-10 overview
  - An “ask the experts” session
  - An overview of ICD-10 changes to injury coding

**Come** for the exciting educational sessions; **stay** for great networking opportunities, face time with vendors, and fantastic prizes! Clinicians and clinical staff, administrators, office managers, billers, and coders will all find valuable information in these sessions.

**Don’t miss this chance to catch so much expertise under one roof!**

## Fair Dates and Locations:

**Provo** – Wednesday, April 15  
Utah Valley Convention Center  
220 W Center St.

**Layton** – Tuesday, April 21  
Davis Conference Center  
1651 N 700 W

**Salt Lake City** – Tuesday, April 28  
South Towne Exposition Center  
9575 S State St.

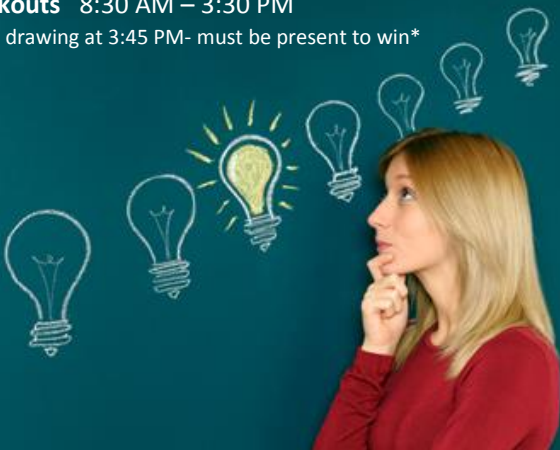
**St. George** – Thursday, April 30  
1424 E Foremaster Dr.

## Time (All Locations)

**Registration** 8:00 AM – 8:30 AM

**Breakouts** 8:30 AM – 3:30 PM

\*Prize drawing at 3:45 PM- must be present to win\*



Register and view the schedule at [www.uhin.org/events](http://www.uhin.org/events)

This education series is a joint effort of many organizations from your Utah healthcare community.



## Provider Relations Representatives

To provide optimal service to PEHP providers, each Provider Relations Representative is assigned a specific area to manage. This assignment is based on the physical locations of the providers. If you are unsure who your representative is, please call PEHP at 800-365-8772 or 801-366-7700.

### SERVICE AREA #1

#### Chantel Lomax

Provider Relations Specialist

Phone: 801-366-7507 or 800-753-7407

Fax: 801-245-7507

E-mail: [chantel.lomax@pehp.org](mailto:chantel.lomax@pehp.org)

#### In-State Cities

Draper (84020), Holladay (84117, 84121 & 84124), Midvale (84047), Salt Lake City, Sandy (84070, 84090, 84091, 84092, 84093 & 84094)

#### Out-of-State

Colorado

### SERVICE AREA #3

#### Angel Macas

Provider Relations Specialist

Phone: 801-366-7721 or 800-753-7721

Fax: 801-245-7721

E-mail: [angel.macas@pehp.org](mailto:angel.macas@pehp.org)

#### In-State Counties

Carbon, Daggett, Duchesne, Emery, Juab, Millard, Sanpete, Tooele, Uintah, Utah, Wasatch

#### Out-of-State

Wyoming

#### In-State Cities

Herriman (84065 & 84096), Kearns (84118), Magna (84044), Riverton (84065, 84095 & 84096), South Jordan (84065 & 84095), Taylorsville (84084, 84118 & 84119), West Jordan (84084 & 84088), West Valley (84119, 84120 & 84128)

### SERVICE AREA #5

#### Selena Johnson

Provider Data Specialist

Phone: 801-366-7511 or 800-753-7311

Fax: 801-245-7511

E-mail: [selena.johnson@pehp.org](mailto:selena.johnson@pehp.org)

#### Out-of-State

All states other than those listed above

### SERVICE AREA #2

#### Wendy Philbrick

Provider Relations Specialist

Phone: 801-366-7753 or 800-753-7753

Fax: 801-245-7753

E-mail: [wendy.philbrick@pehp.org](mailto:wendy.philbrick@pehp.org)

#### In-State Counties

Box Elder, Cache, Davis, Morgan, Rich, Summit, Weber

#### In-State Cities

Murray (84107, 84123 & 84157)

#### Out-of-State

Arizona, Idaho

### SERVICE AREA #4

#### Glenda Lowe

Client Liaison

Phone: 801-366-7496 or 435-673-6300  
or 800-950-4877

Fax: 435-634-0654

E-mail: [glenda.lowe@pehp.org](mailto:glenda.lowe@pehp.org)

#### In-State Counties

Beaver, Garfield, Grand, Iron, Kane, Piute, San Juan, Sevier, Washington, Wayne

#### Out-of-State Cities

Las Vegas, Nevada  
Mesquite, Nevada

### MAILING ADDRESSES

#### Service Area #4 Glenda Lowe

URS/PEHP  
166 North 100 East #9  
St. George, UT 84770

#### All Other Service Areas & Representatives

PEHP  
560 East 200 South  
Salt Lake City, UT 84102