

Prenatal Genetic Testing

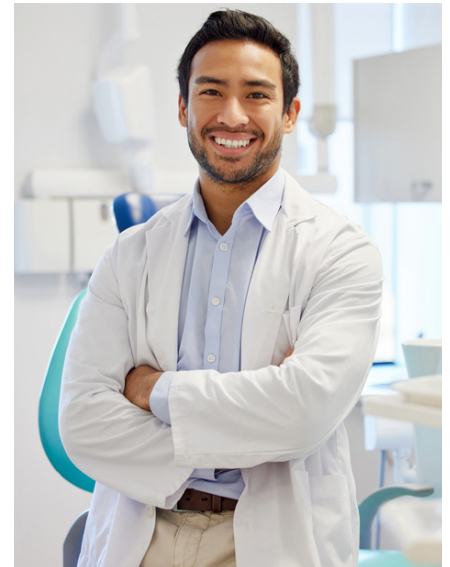
Noninvasive prenatal screening, also known as *prenatal cell free DNA (cfDNA)*, is a way to screen for genetic disorders such as Down syndrome, trisomy 13, and trisomy 18 in a fetus. Noninvasive prenatal testing is an alternative to quad screening or amniocentesis for women with a single fetus or twins. If there are abnormal results from a noninvasive prenatal screening, amniocentesis may be recommended.

PEHP Coverage and Cost

PEHP covers noninvasive prenatal screening up to the \$99 Allowed Amount (In-Network Rate) - This amount is subject to your deductible, coinsurance, and copay on your PEHP plan.

The cost for noninvasive prenatal screening varies by lab.

- Invitae offers the screening for \$99 if you pay them at the time of service. PEHP recommends using this lab, paying them directly for the testing, and submitting your receipt to PEHP for processing. Please note on the receipt that the testing was noninvasive prenatal screening (CPT code 81420) for diagnosis of Z36.0. Find the Self-Pay Medical Claim Form at www.pehp.org/forms.
- Other labs that offer this test have higher prices, such as \$249 at Natera and \$349 at Myriad.



How do I get noninvasive prenatal screening at Invitae?

Talk to your obstetrician's office to see if they will order testing for you at Invitae. Alternately, see if a prenatal genetic counselor at the University of Utah Health or Intermountain Healthcare will order the test for you. Search for in-network prenatal genetic counselors at www.pehp.org/providerlookup. Please note that visits to genetic counselors are covered as specialist visits when done in-person or through video. Telephone calls with genetic counselors are not covered by PEHP.

What if I want to use a different lab?

If you decide to use a different lab, PEHP will still cover the test up to the \$99 Allowed Amount (In-Network Rate). Note, however, that the lab can balance bill you for any amount over the \$99 Allowed Amount. Also, PEHP does not cover additional charges for microdeletion testing as this is considered experimental/investigational or sex determination as this is considered not medically necessary.

Note: Your obstetrician may suggest genetic carrier screening in addition to noninvasive prenatal screening PEHP covers this testing once in a lifetime with preauthorization. The Allowed Amount for this screening is \$250.