



HIT IT HARD

TITLE Boxing Club is the best and only authentic full-body boxing workout that:

- **CHANGES YOUR BODY**
- **CLEARNS YOUR MIND**
- **COMPLETELY ENGAGES YOUR SPIRIT.**

Utilizes the fundamentals of a true boxer's workout to strengthen and tone your arms, legs, back, core and your confidence.

SIGN UP TODAY!
CALL 801.676.1011

PEHP
Health & Benefits

MEMBER SPECIAL

Mention that you are PEHP member and we will waive your enrollment fee!