



Do you have a marathon or half marathon on your bucket list? Have a new year's resolution to get more fit? Want to improve your time? Then join USA FIT Salt Lake this Fall/Winter and start reaching your personal goal today!

Enjoy \$10 with discount code
SLFIT2016
at www.USAFitSaltLake.com



Our goal race is the Salt Lake Marathon and Half on April 16, 2016. Whether you are a couch potato, new runner or marathon veteran, USA Fit Salt Lake is an enjoyable, inspiring and efficient way to get in the best shape of your life.

As a member of USA FIT Salt Lake, you will receive:

- Ability-based Saturday morning group runs
- Encouragement and expertise from trained and experienced coaches
- Informational seminars on running- and fitness-related topics
- Camaraderie, fun and support; train in a team environment on a variety of local routes
- A USA FIT Salt Lake technical t-shirt

Orientation:

Saturday, Nov. 7; 8:30 – 10:30 a.m.
Sugar House Park
1400 East, 2100 South, Salt Lake City

Registration:

Register online now and start your first day of training any Saturday through Dec. 5 at www.USAFitSaltLake.com!

Cost:

\$100 for new members for 26 weeks

Contact:

info@usafitsaltlake.com