

# PEHP WeeCare Rebate



## Member Instructions

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**Step 1:** To apply for your \$50 rebate for enrolling in PEHP WeeCare, please answer a few questions below.

**Step 2:** Return completed form by logging in to your PEHP account and uploading it through the **Message Center** or **fax to 801-328-7400**. Deadline to submit rebate form is 90 days postpartum.

## Member Information

*\*Required field*

*MOTHER'S NAME	*MOTHER'S DATE OF BIRTH	*PEHP MEMBER ID

To qualify for the \$50 WeeCare Rebate, please complete the requirements below and submit the rebate form. Check the boxes upon completing the goals and submit rebate form at one time.

Enroll in WeeCare and have an orientation phone appointment with WeeCare Specialist.

Date of orientation phone appointment: \_\_\_\_\_

Watch one Wellness Webinar. To browse and view archived webinars, visit [www.pehp.org/wellness](http://www.pehp.org/wellness). Webinars are available on many health topics including postpartum depression and breastfeeding.

Webinar name: \_\_\_\_\_

Date viewed: \_\_\_\_\_

PEHP WeeCare continues to be a resource for you in the postpartum period.

**Phone: 801-366-7400**

**Toll-free: 855-366-7400**

**Email: [weecare@pehp.org](mailto:weecare@pehp.org)**

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PEHP offers a variety of programs and services to help improve overall health and well-being including:

- » Tobacco Cessation Quitline. Visit [pehp.quitlogix.org](http://pehp.quitlogix.org) or call 855-366-7500 for more information and to enroll.
- » Web-based Classes: Lighten Up, Diabetes and You, and Take Charge (diabetes prevention).
- » Monthly Wellness Challenges and Workout Warrior Physical Activity Challenges.
- » Health Coaching for eligible members, spouses and dependents.

**Visit [www.pehp.org/wellness](http://www.pehp.org/wellness) for details**