



Want to create a grassroots Wellness Council at work? Need funds to start or refresh your worksite wellness efforts?



PEHP is here to help!

Employees spend a third of their day at work, so what better place than the worksite to promote well-being? Healthy, happy, and productive employees are key to a successful workplace. To help you accomplish your worksite wellness goals, PEHP offers funding through Worksite Wellness Mini-Grants.

Mini-Grant Funding

Employees	Award Amount*
0-25	\$100
26-50	\$200
51-100	\$300
101+	\$400

** Worksites may not receive a Mini-Grant Award in two subsequent years.*

How can I get a Mini-Grant for my workplace?

Worksite Wellness Mini-Grants are awarded by PEHP in the amount of \$100-\$400 depending on the number of employees at your worksite. Money is to be used for starting a new council or reviving a Wellness Council which has been inactive for over a year.

Councils must complete an application and Worksite Wellness Scorecard to be considered. Applications can be submitted anytime throughout the year. Complete applications are reviewed by PEHP Wellness staff. Mini-Grants are awarded depending on availability of funds.

Past Mini-Grant recipients have used funds:

- For seed money to support costs associated with launching a new Wellness Council or refreshing an inactive Wellness Council that will benefit *all* employees.
- To implement wellness challenges, purchase healthy food for onsite presentations or classes, obtain fitness equipment, or to support other worksite wellness efforts.

To be considered for a Worksite Wellness Mini-Grant, applicants must:

- 1 Complete a PEHP Worksite Wellness Mini-Grant application. Email wellnesscouncils@pehp.org to receive a link to the online application.
- 2 Provide a letter of support of your Wellness Council (or wellness efforts) written by upper management on letterhead and dated with 18 months of the application date. Sample letters can be provided upon request to email above.
- 3 Schedule to meet in person, virtually, or by phone with a PEHP Wellness Specialist.
- 4 Complete the PEHP Worksite Wellness Scorecard - link is included in the application.
- 5 Provide a current signed W-9 form (in order to set up an account with PEHP Finance).
- 6 Provide name and contact information of applicant (primary contact person), Supervisor, and Director for communication purposes. If approved for a Mini-Grant, primary contact will be emailed by a PEHP Wellness Specialist with further details.